



CANADIAN AUTOMOBILE ASSOCIATION

FACT SHEET

Eco-Driving: How to be an Environmentally Conscious Driver

Did you know that fuel-efficient eco-driving practices are also safe driving techniques? The following is a list of tips and suggestions for a practical and balanced approach to mobility and the environment.

- **Plan Your Route – Combine errands and try to avoid heavy traffic areas, road construction and hilly terrain to save fuel and time.**
- **Use Your Air Conditioner Sparingly – In 'stop-and-go' traffic, air conditioner use can increase your fuel consumption by up to 20 per cent. At \$1.05 per litre, that's an extra \$21 for every 100 litres of gas purchased!**
- **Use the Cruise Control Feature – When driving on highways, using the cruise control feature will save fuel by keeping speed at a constant level.**
- **Check Tire Pressure Regularly – Check tire pressure each month. Under-inflated tires cost Canadian light-duty vehicle owners almost 643 million litres of fuel annually. At \$1.05 per litre, that amounts to almost \$675 million each year in wasted fuel (not to mention generating unnecessary gas emissions).**
- **Make the Most of Your Transmission**
 - **Manual transmission – shift gently but quickly to the higher gears where the engine works more efficiently and uses less fuel.**
 - **Automatic transmission – using the overdrive gear at high speeds reduces your engine's workload which saves fuel and reduces engine wear.**

For more information, please visit: www.caa.ca/eco/

CAA is a federation of 9 automobile clubs serving 5 million members through 148 offices across Canada. CAA provides a wide range of member services and works to improve travelling and motoring conditions at home and around the world, including national advocacy efforts on both traffic safety and public policy issues that affect Canadian motorists.